



# THE NATURAL GROCERY COMPANY

## GROCERY

C2O • Non-GMO

**Coconut Water** 17.5oz reg \$2.49..... **1.99**

GOOD HEALTH • Non-GMO, Gluten Free

**Potato Chips** with avocado oil 5oz reg \$3.49..... **2.79**

SANTA CRUZ • Organic, Non-GMO

**Lemonade & Limeade** 32oz \$3.49..... **2.79**

HIPPEAS • Organic, Non-GMO

**Chickpea Puffs** 4oz reg \$3.79 ..... **2.99**

PACIFIC FOODS • Organic, Non-GMO

**Oat Beverage** 32oz reg \$3.49..... **2.99**

AMYS • Organic, Gluten Free

**Beans** refried and baked 15-15.4oz reg \$3.79..... **3.29**

MONTEBELLO • Organic, Non-GMO

**Pasta** 16oz reg \$4.79 ..... **3.99**

BOB'S RED MILL • Non-GMO

**Muesli** 18oz reg \$4.99 ..... **4.29**

HU KITCHEN • Non-GMO, Gluten Free

**Crackers** 4.25oz reg \$5.99..... **4.99**

ORGANICVILLE • Organic, Gluten Free

**Pasta Sauce** 24oz reg \$5.99 ..... **4.99**

IZZE • Non-GMO, No Added Sugar, Glass Bottles

**Sparkling Juice** 4/12oz reg \$6.99 ..... **5.99**

## HOUSEHOLD

BIOKLEEN • Bioactive, Safer Choice

**Household Cleaners** 32oz reg \$5.99-9.79 **15% Off**

## CADIA

**Canned Olives** 6oz reg 2.79-2.99 ..... **2.29**

**Organic Tortilla Chips** 10-16oz reg \$3.99 .... **3.19**

**Organic Apple Sauce** 24oz reg \$4.29 ..... **3.29**

**Organic Pear Juice** 32oz reg 5.79 ..... **4.49**

**Organic Apple Juice** 64oz reg \$9.49 ..... **7.49**

## WELLNESS

BADGER • 98% Organic Ingredients

**Mineral Sunscreens** ..... **20% Off**

NATURAL VITALITY • Non-GMO, Certified Raw

**Calm** all flavors 8oz reg \$22.49 ..... **20% Off**

BOIRON • Homeopathic, Fragrance Free

**Topical Arnicare Gels & Creams** **25% Off**

## FROZEN & REFRIGERATED

COCOJUNE • Organic, Vegan

**Overnight Oats** with vegan yogurt 5.3oz reg \$3.29 **2.49**

STRAUS • Organic, Non-GMO, Local

**European Yogurt** 16oz reg \$3.79 ..... **2.99**

HILARY'S • Organic, Non-GMO

**Frozen Veggie Burgers** 6.4oz (2pk) reg \$3.99 **3.29**

JONNY POPS • Organic

**Watermelon Fruit Pops** 14.8oz (8pk) reg \$4.99 **3.99**

NANCY'S • Organic, Non-GMO

**Yogurt** 32oz reg \$5.79 ..... **4.49**

**www.naturalgrocery.com • open 7 days a week**

Berkeley Natural Grocery Company, 1336 Gilman St., Berkeley  
 El Cerrito Natural Grocery Company 10367 San Pablo Ave., El Cerrito  
 Prepared Food Annex, 10387 San Pablo Ave., El Cerrito





# THE NATURAL GROCERY COMPANY

The Natural Grocery Company only offers organic produce. We know that organic is better for people and the planet so we make the choice to never sell conventional produce. No need to try and figure out if the item you are about to choose is organic, at our stores it is **ALWAYS ORGANIC!**



## 100% ORGANIC PRODUCE

Bananas CR/MX .....	.99/lb
Watermelon, Red Mini seedless CA .....	.99/lb
Corn, BiColor CA .....	1.59/ea
Strawberries Open Pints CA/local .....	2.59/ea
Strawberries 1lb Clamshells CA/local .....	2.59/ea
Apricots Frog Hollow Farm CA/local .....	4.59/lb
Apriums Frog Hollow Farm CA/local .....	4.59/lb
Red Cherries CA .....	9.99/lb

## THE ANNEX JUICE BAR

### Organic Fruits and Vegetables

<b>APPLE, BEET, CARROT, CELERY, CUCUMBER, GRAPEFRUIT, ORANGE</b> any combination .....	<b>4.00</b>	<b>5.00</b>	<b>6.00</b>
<b>GREEN JUICE</b> .....	<b>5.00</b>	<b>6.00</b>	<b>7.00</b>
Cucumber, Celery, Kale, Apple, Lemon			
<b>RED JUICE</b> .....	<b>5.00</b>	<b>6.00</b>	<b>7.00</b>
Beet, Carrot, Apple, Ginger			
<b>THE TONIC</b> . . . . . (one size)	<b>7.50</b>		
Ginger, Tumeric, Burdoc, Dandelion, Apple			
<b>GINGER TONIC</b> (Served Hot). . . . .	<b>L 3.00</b>		
Ginger, Lemon			
<b>SUNSHINE TONIC</b> (Served Hot). . . . .	<b>L 6.00</b>		
Tumeric, Ginger, Lemon			
<b>WHEAT GRASS SHOT</b> .....	<b>5.00</b>		
<b>ADD INS</b> - various prices			
Burdock, Coconut Butter, Dandelion, Ginger, Hemp Protein, Kale, Lemon, Spinach, Turmeric			

Juicing is a great way to add more vegetables and fruits into your diet so you get the nutritional benefits that they offer. Try one of our formulas or make your own. If you want to keep the fiber, try opting for a smoothie!

We use the same **ORGANIC VEGETABLES & FRUITS** that we sell in our stores!