

# Where your meal comes from...

**Diestel Family Ranch:** A California family-run sustainable ranch since 1949. Their turkeys live in harmony with the environment, and they allow them to grow slowly and naturally, with plenty of room to roam on their ranches.

To produce the highest-quality, most delicious turkeys for you and your family, their organic birds are fed a 100% Organic, Non-GMO, vegetarian, grain diet without stimulants or antibiotics.

**Del Valle Pecans:** Their organic farming practices coupled with the fertile Rio Grande Valley's high-desert climate produces delicious, sweet pecans without the need for chemical fertilizers or pesticides. This network of small, organic orchards is proud to offer fresh, healthy, and wholesome certified organic pecans under the Del Valle Pecan brand.

**Central Milling:** Is employee owned and operated. It is the oldest continuously operating company in the State of Utah which has provided the finest quality flour and grains to homes and bakeries across the country since 1867.

## **Ingredients Matter**

Whether you are doing some of the cooking, all of the cooking, or none of the cooking, we want to help you shop with ease and confidence this holiday season.

We're not big on flashy signs and big buck marketing. Rather, we'd like to support you this holiday season by preparing holiday meals and à la carte side dishes with 100% ORGANIC ingredients. If you are cooking for family and friends, we are here to help you get the best ingredients for your meal. We believe that delicious food starts with great ingredients and we believe that ORGANIC is vital to an ingredient being great.

Whether you buy a prepared Thanksgiving meal from us, or raw ingredients in our stores, our standards are always at the same high, unwavering level.

## How to Order

Come in! Call! Online:

www.naturalgrocery.com/orderthanksgivingmenu

### **Important Dates**

Last day to pre-order meals November 19, 2023 Last day to pre-order pies November 20, 2023 Pickup Date: November 22, 2023



THANKSGIVING MENU info@naturalgrocery.com (510) 526-5150 ex 316



## THANKSGIVING MENU 2023

#### Made with 100% Organic Ingredients





#### Turkey Dinner for Eight People (100% Organic)

Whole Diestel Organic Pre-Cooked Turkey (12-14 pounds)
Turkey Gravy (1 quart)
Bread Stuffing (3 pounds)
Whipped Sweet Potatoes (3 pounds)
Mashed Potatoes (3 pounds)
Sautéed Green Beans (2 pounds)
Cranberry Sauce (1 pint)
Whole Wheat Dinner Roll (8 rolls)

#### Price: \$249 (\$31.13/person)

#### Vegetarian Dinner for Eight People (100% Organic)

Veggie Loaf (8 servings) Mushroom Gravy (1 quart) Bread Stuffing (3 pounds) Whipped Sweet Potatoes (3 pounds) Mashed Potatoes (3 pounds) Sautéed Green Beans (2 pounds) Cranberry Sauce (1 pint) Whole Wheat Dinner Roll (8 rolls)

#### Price: \$189 (\$23.63/person)



#### Individual Turkey Dinner (100% Organic)

Turkey Breast (Diestel Organic) Turkey Gravy Bread Stuffing Whipped Sweet Potatoes Mashed Potatoes Sautéed Green Beans Cranberry Sauce Whole Wheat Dinner Roll

#### Price: \$42/person

#### Individual Vegetarian Dinner (100% Organic)

Veggie Loaf Mushroom Gravy Bread Stuffing Whipped Sweet Potatoes Mashed Potatoes Sautéed Green Beans Cranberry Sauce Whole Wheat Dinner Roll

#### Price: \$32/person

#### Individual Vegan Dinner (100% Organic)

Grilled Tofu Mushroom Gravy Vegan Bread Stuffing Roasted Carrots Vegan Mashed Potatoes Sautéed Green Beans Cranberry Sauce Vegan Dinner Roll

#### Price: \$32/person

#### Annex Made Pies (100% Organic)

Apple Pie	\$30
Pumpkin Pie	\$30
Pecan Pie	\$40
Cranberry Pecan Pie	\$40

#### Holiday Side Dishes (100% Organic)

\$30
\$30
\$30
\$25
\$20
\$20
\$15
.50
.99
).99