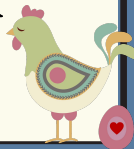




# THE NATURAL GROCERY COMPANY



**Holidays Menus  
for The Annex  
on the back!**



## ORGANIC CADIA

Sauerkraut 16oz reg \$4.99 .....	3.79
Flax Seed Meal 16oz reg \$4.99 .....	3.99
Salsa 16oz reg \$5.29 .....	4.49
White Quinoa 16oz reg \$5.99 .....	4.79

## ORGANIC PRODUCE

Fair Trade Bananas EC/MX .....	.99/lb
Russet Potatoes OR .....	.99/lb
Fuji Apple WA .....	1.19/lb
Green Cabbage CA .....	1.19/lb
Lacinato & Green Kale CA .....	1.99/ea
Green Asparagus MX .....	2.99/lb

## REFRIGERATED & FROZEN

BREW DR. • Organic, Non-GMO	
Kombucha 14oz reg \$2.99 .....	2.29
NORR ORGANIC • Organic	
Probiotic Skyr Yogurt 4.4oz reg \$2.79 .....	2.29
CLOVER • Organic	
Lactose Free Whole Milk 64oz reg \$5.49 .....	4.79
Omega-3 Milk 64oz reg \$5.49 .....	4.79
EARTHBOUND FARMS • Organic	
Blueberries 32oz reg \$12.99 .....	9.99

## GROCERY

GARDEN OF EATIN' • Non-GMO, Made with Organic Corn, Gluten Free	
Tortilla Chips 5.5oz reg \$3.99 .....	2.99
DELALLO • Organic	
Pasta 16oz reg \$4.29 .....	3.49
MUIR GLEN • Organic, Non-GMO	
Pasta Sauce 23.5oz reg \$4.99 .....	3.49
GOLDTHREAD • Gluten Free, Vegan	
Plant-Based Tonic 12oz reg \$4.49 .....	3.79
MARY'S GONE CRACKERS • Organic, Non-GMO, Gluten Free	
Crackers 5.5-6.5oz reg \$5.99 .....	4.49
MAYA KAIMAL • Organic, Non-GMO, Vegan	
Everyday Dal 10oz reg \$5.49 .....	4.79
ST. DALFOUR • Non-GMO, Gluten Free	
Fruit Spread 10oz Reg \$5.79 .....	4.79
NEWMAN'S OWN • Made with Organic Flour & Sugar	
Crème Sandwich Cookies 13oz reg \$6.79 .....	5.79
LAKEWOOD • Organic, Gluten Free	
Mango Blend Juice 32oz reg \$7.79 .....	6.29
SANTA CRUZ • Organic, Non-GMO	
Peanut Butter 16oz reg \$8.49 .....	6.79
BOB'S RED MILL • Organic, Non-GMO	
All-Purpose Flour 5lbs reg \$9.79 .....	7.79
NAPA VALLEY NATURALS • Organic, Non-GMO	
Cold Pressed EVOO 25.4oz reg \$20.99 .....	17.99

**www.naturalgrocery.com • open 7 days a week**

Berkeley Natural Grocery Company, 1336 Gilman St, Berkeley, CA  
El Cerrito Natural Grocery Company 10367 San Pablo Ave.,  
El Cerrito Prepared Food Annex, 10387 San Pablo Ave., El Cerrito



# SPECIALS

CAFE | JUICE BAR | DELI  
WINE & BEER | SANDWICHES



MARCH 1-31

SALAD BAR | FLORAL  
BAKED GOODS | SOUP

## Annex St. Patrick's Day Dishes

We corn Country Natural Beef\* brisket, using organic spices. No dyes, no nitrates - cured the old fashioned way!



Annex Corned Beef \$34.99/lb

Lamb\* Shepherd's Pie \$10.99/ea

Lamb\* Stew \$19.99/lb

Organic Potato & Cabbage \$6.99/lb

Organic Mashed Peas \$13.99/lb

Organic Irish Soda Bread \$5.00/ea

## Sandwiches

Corned Beef Sandwich \$13.99/ea

Annex Corned Beef\* with organic Swiss, organic sauerkraut and organic Thousand Island Dressing on Dave's Killer Rye

Hot Corned Beef Sandwich \$17.99/ea

Annex Corned Beef\* with organic Swiss, organic sauerkraut and organic Thousand Island Dressing on Acme Deli Rye, Served HOT

\*denotes the product is not organic but has been vetted to meet our standards.

## Annex Easter Menu 2024

Pre-Order Beginning March 18, 2024

Last Day to Pre-Order March 27

Pick-up Saturday, March 30 or Sunday, March 31

### Ham\* Meal for Eight

Price: \$199 (\$24.87/person)

Sliced Ham\*, Organic Ham Glaze, Organic Scalloped Potatoes, Organic Grilled Asparagus, Organic Roasted Carrots, Organic Vegetable Frittata, Organic Whole Wheat Dinner Rolls



### Vegetarian Meal for Eight (100% Organic)

Price: \$189 (\$23.62/person)

Veggie Loaf, Mushroom Gravy, Scalloped Potatoes, Grilled Asparagus, Roasted Carrots, Vegetable Frittata, Whole Wheat Dinner Rolls



Individual Ham\* Dinner \$37

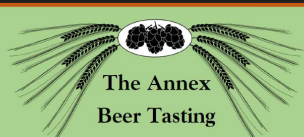
Individual Vegetarian Dinner \$32

Individual Vegan Dinner \$32

All items available á la carte plus Quiches, Hot Cross Buns & more!

\*denotes the product is not organic but has been vetted to meet our standards.

## WINE & BEER DEPARTMENT



The Annex  
Beer Tasting

Sunday, March 10th, 2024  
2pm-5pm

Featuring over 20 beer styles



The Annex 10387 San Pablo Avenue, El Cerrito



An easy-drinking American classic, golden with a touch of honey-clean, crisp, refreshing.



At 100 IBUs, Therapist is surprisingly easy to drink. Bold hop aromas and flavors of citrus, tropical fruits and apricot are bracketed by light malty sweetness that does not overpower.

La Vida Improvisacion

Enjoy this dry hopped oak aged wild saison, rich and resplendent with hoppy notes, full of tropical fruit liliko'i, papaya, mango, and apricot.



Pliny the Elder is brewed with Amarillo, Centennial, CTZ, and Simcoe hops. It is well-balanced with malt, hops, and alcohol, slightly bitter with a fresh hop aroma of floral, citrus, and pine. Best enjoyed FRESH! That is why they make it in such a limited supply. The actual bottling date is printed on each bottle!

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