



THE NATURAL GROCERY COMPANY

PRE-ORDER for Thanksgiving

Free-Range

Diestel Turkey

Free-Range, Organic, Non-GMO

Diestel Turkey

Smoked Turkey
also available

Naturally grown
in Sonora, CA
w/no antibiotics
and no growth
hormones.



THANKSGIVING

CADIA • Organic	Broth 32oz EDLP.....	2.29	DANDIE'S • Non-GMO, Vegan	Marshmallows 10oz reg. \$5.49	4.49
CADIA • Organic	Canned Pumpkin 15oz reg. \$3.99	2.99	CADIA • Organic, Non-GMO	Flour unbleached 5lb EDLP	7.99
CADIA • Organic, Non-GMO	Cranberry Sauce 14oz reg. \$4.29	2.99	SPECTRUM • Organic, Non-GMO	Olive Oil 25.4oz \$27.99	22.99
IMAGINE • Organic, Gluten Free	Gravy 13.5oz reg. \$3.99	2.99	WHOLESOME • Organic, Non-GMO, Fair Trade	Sugars 1-2lb reg. \$4.99-7.99 ...	20% Off

**Visit the Meat Counter
in El Cerrito or call us**
Berkeley (510) 526-2456
El Cerrito (510) 526-1155

ORGANIC PRODUCE

Russet Potatoes CA/OR.....	1.29/lb
Yellow Onions CA/NV	1.29/lb
Celery CA	1.59/lb
Sweet Potatoes & "Yams" CA	1.99/lb

REFRIGERATED & FROZEN

CADIA • Organic, Non-GMO	Frozen Green Peas 16oz EDLP	3.89
HODO SOY • Organic, Local	Tofu 10oz reg. \$5.29	4.29
MIYOKO'S • Organic, Vegan	Cultured Plant Butter 8oz reg. \$5.99.....	4.79
STRAUS • Organic, Non-GMO, Local	European Style Yogurt 32oz reg. \$6.49	5.29
EARTHBOUND FARMS • Organic	Frozen Blueberries 32oz reg. \$12.99	9.79

GROCERY

ANCIENT HARVEST • Organic, Non-GMO, Gluten Free	Polenta 18oz reg. \$3.79	2.99
JOVIAL • Organic, Non-GMO, Gluten Free	Cassava Pasta 8oz reg. \$4.99	3.99
MUIR GLEN • Organic, Non-GMO	Pasta Sauce 23.5oz reg. \$5.79	4.79
YOGI • Organic	Tea 16 bags reg. \$5.79	4.79
NEWMAN'S • Made with Organic Flour & Sugar	Sandwich Cremes 13oz reg. \$6.79	5.49
KICKING HORSE • Organic, Fair Trade	Ground Coffee 10oz reg. \$15.29	12.99

ORGANIC BULK

Wild Rice Blend Lundberg reg. \$6.99/lb	5.79/lb
Turkish Apricots reg. \$8.99	7.79/lb
Raw Pecans Del Valle NM reg. \$16.99/lb	14.49/lb

www.naturalgrocery.com • open 7 days a week

Berkeley Natural Grocery Company, 1336 Gilman St, Berkeley, CA
El Cerrito Natural Grocery Company 10367 San Pablo Ave., El Cerrito
Prepared Food Annex, 10387 San Pablo Ave., El Cerrito





THE NATURAL GROCERY COMPANY

ORGANIC THANKSGIVING MENUS

TURKEY BREAST with Turkey Gravy **OR** **VEGGIE LOAF** with Mushroom Gravy

With Sides:

Mashed Potatoes, Cornbread Stuffing,
Green Beans, Sweet Potatoes, Cranberry Sauce,
Whole Wheat Dinner Roll

Individual Turkey Dinner: \$42/person

Individual Vegetarian or Vegan Dinner: \$32/person

Traditional Turkey Dinner for Eight People: \$249

Vegetarian Dinner for Eight People: \$189

To pre-order: Visit The Annex or Berkeley Store,

Call or Order Online by November 24th!

www.naturalgrocery.com/orderthanksgivingmenu

HOLIDAY LIBATIONS

Our WINE & BEER staff are ready to help you with your holiday selections!

Thanksgiving Pairing Suggestions:

- ✓ Appetizers with BUBBLES: Champagne, Cava & Pet-Nats
- ✓ Turkey with WHITE: Riesling
- ✓ Turkey with RED: Gamay, Pinot Noir, Syrah
- ✓ DESSERT: Port, Vin Santo, Late Harvest wines.

All of these and much more Classic appellations, local wineries, funky natural wines

As always, 10% off on 12 bottles!

ANNEX WINE & BEER



BAKERY

APPLE Pie.....\$30.00

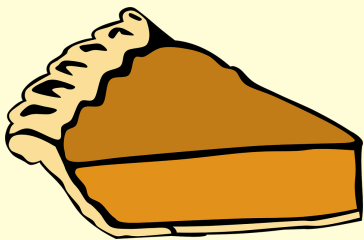
PUMPKIN Pie.....\$30.00

PECAN Pie.....\$40.00

PECAN CRANBERRY Pie...\$40.00

**Organic,
House-made Pie!**

Pre-order your pie today
visit the Annex
or Berkeley Store



FLORAL

Complete your Thanksgiving Table
with flowers from The Annex!
Pre-made bouquets, flowers to make your
own arrangements, up-cycled vases, specialty
decor, cards and much, much more...



Call early to book
custom arrangements!

510-526-5150

Berkeley Natural Grocery Company, 1336 Gilman Street, Berkeley, CA 94706 (510) 526-2456

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