



THE NATURAL GROCERY COMPANY

GROCERY

CADIA • Organic	
Broth 32oz Everyday Low Price (EDLP)	2.29
SAN PELLEGRINO • Glass Bottle	
Sparkling Water 750ml reg. \$3.29	2.79
CADIA • Organic	
Soups 14.1oz Everyday Low Price (EDLP)	2.99
GARDEN OF EATIN' • Non-GMO, Made with Organic Corn	
Tortilla Chips 5.5oz reg. \$3.99	3.29
CROWN PRINCE • Non-GMO	
Baby Clams & Smoked Oysters 3oz reg. \$4.99	3.99
MILTON'S CRACKERS • Organic	
Crackers 6oz reg. \$4.79	3.99
CADIA • Organic	
Italian Soda 25.4oz reg. \$5.29	4.29
MARY'S GONE CRACKERS • Organic	
Crackers 5.5-6.5oz reg. \$5.99	4.79
Q MIXERS • Non-GMO	
Canned Mixers 4/7.5oz reg. \$5.79	4.79
TRADITIONAL MEDICINALS • Organic	
Tea 16ct reg. \$6.99	5.29
EDWARD & SONS • Organic	
Bread Crumbs & Panko 10.5-15oz \$6.79	5.49
BOB'S RED MILL • Organic	
Flour all wheat varieties 5lb reg. \$9.29	7.49
KICKING HORSE • Organic	
Bagged Coffee whole beans 10oz reg. \$15.29 ...	12.99
PACHAMAMA • Organic	
Bagged Coffee 10oz reg. \$14.99-18.99	20% Off

HOLIDAY GIFTS



KLEAN KANTEEN • Sustainable, Recyclable	
Entire Line	20% Off
HYDROFLASK • Sustainable, Recyclable	
Entire Line	25% Off

EQUAL EXCHANGE

EQUAL EXCHANGE • Organic, Fair Trade	
Chocolate Bars 2.8oz reg. \$5.49	4.49
Tea 20 bags reg. \$5.49	4.49
Bagged Coffee 10-12oz reg. \$12.79	10.29
Bagged Decaf Coffee 10-12oz reg. \$14.29 ...	11.29

FROZEN & REFRIGERATED

BREW DR. • Organic, Non-GMO	
Kombucha 14oz reg. \$2.99	2.29
NANCY'S • Organic, Non-GMO	
Cream Cheese 8oz reg. \$4.99	3.99
CLOVER • Organic	
Eggnog 32oz reg. \$5.99	4.99
STRAUS • Organic, Non-GMO, Local	
Ice Cream 32oz reg. \$9.99	7.99

ORGANIC PRODUCE

Gold A Potatoes CA	1.29/lb
Collard Greens CA	1.99/ea
Kales Green, Red Bore & Lacinato CA	1.99/ea
Navel Oranges CA	1.99/lb
Satsuma Mandarins seedless CA	2.99/lb

www.naturalgrocery.com • open 7 days a week

Berkeley Natural Grocery Company, 1336 Gilman St, Berkeley, CA
 El Cerrito Natural Grocery Company 10367 San Pablo Ave., El Cerrito
 Prepared Food Annex, 10387 San Pablo Ave., El Cerrito



SPECIALS

DECEMBER 3-31



EL CERRITO NATURAL GROCERY COMPANY

PREPARED FOOD

ANNEX

CAFE | JUICE BAR
WINE & BEER | DELI

SALAD BAR | FLORAL
BAKED GOODS | SOUP

YOUR HOLIDAY TABLE - Let us cook for you



For more
info call:
510-526-5150

HAM DINNER for Eight People: \$199
Includes Ham*, Glaze, Scalloped Potatoes,
Whipped Sweet Potatoes, Vegetables, Roasted Carrots
& Dinner Rolls

Individual Ham Dinner: \$38/person

*denotes products that are not organic but have been vetted to meet our standards

ORGANIC VEGGIE LOAF
with Mushroom Gravy, Scalloped Potatoes, Vegetables,
Whipped Sweet Potatoes, Roasted Carrots & Dinner Roll
Individual Vegetarian or Vegan Dinner \$32/person

ORGANIC TURKEY BREAST
with Gravy, Mashed Potatoes, Cornbread Stuffing, Vegetables,
Whipped Sweet Potatoes, Cranberry Sauce & Dinner Roll
Individual Turkey Dinner: \$42/person

To pre-order, visit

The Annex
or
Berkeley Store

ONLINE
ORDERING
AVAILABLE!!!!



[www.naturalgrocery.com
/orderchristmasmenu](http://www.naturalgrocery.com/orderchristmasmenu)

BAKED GOODS & PASTRY

Apple Pie,
Pumpkin Pie
\$30.00

Pecan Pie,
Pecan Cranberry Pie
\$40.00

Also available by the slice

Assorted Cakes Including:
Carrot Cake, Tres Leche and
Chocolate

Available for pre-order and
by the slice

100% ORGANIC

WINE & BEER

Bring in the Good Cheer with Bubbles, Wine, and Beer!



Bubbly: Champagne, Cava,
Prosecco, Lambrusco & Pét-Nat for
all your celebration needs

Wine: International and local
wineries...funky natural wines and
classic customer favorites

Beer & Cider: Local craft beer
and ciders, iconic breweries from
around the world

Sale

Friday through Sunday
December 13th-15th

10% off any bottle of bubbly
20% off mixed cases of bubbly

Tasting \$25

Sunday

December 15th, 2pm-5pm

Sparkling Wines
from around the world!