



**THE NATURAL
GROCERY COMPANY**

The Natural Grocery Company Meat Department Thanksgiving Hams



Beeler's Hams

Bone-in Hickory Smoked "E-Z Carve" Ham ... \$6.49/lb

*Bone-in ham with deep hickory smoked flavors, perfect for those who like a smokey tasting ham.
Verified non-GMO. 6-8 lbs.*

Bone-In Spiral Sliced Honey Ham \$7.49/lb

Spiral sliced ham with a touch of sweetness, perfect for the holidays. Verified non-GMO. 6-8 lbs.

Boneless Hickory Smoked Ham \$8.99/lb

*Hickory smoke gives this ham a distinctly smokey flavor. Great as is, or with a glaze.
Verified non-GMO. 3-4 lbs.*

Boneless Applewood Smoked Ham \$9.49/lb

*Applewood smoke gives this ham a milder flavor. Fantastic for those who like to add their own glaze.
Verified non-GMO. 3-4 lbs.*

All Hams must be special ordered through the El Cerrito Store to insure availability