THE NATURAL GROCERY COMPANY

The Natural Grocery Company
Meat Department
Thanksgiving Hams

BEST OF WINNER 2026 EL CERRITO

Beeler's Hams

Bone-In Hickory Smoked "E-Z Carve" Ham $6.99/lb

Bone-in ham with deep hickory smoked flavors, perfect for those who like a smokey tasting ham. Verified non-GMO. 6-8 lbs.

Bone-In Spiral Sliced Honey Ham $7.99/lb

Spiral sliced ham with a touch of sweetness, perfect for the holidays. Verified non-GMO. 6-8 lbs.

Boneless Hickory Smoked Ham $9.49/lb

Hickory smoke gives this ham a distinctly smokey flavor. Great as is, or with a glaze. Verified non-GMO. 3-4 lbs.

Niman Ranch Hams

Boneless Applewood Smoked Ham $9.49/lb

Slow smoked over real Applewood & seasoned with a touch of salt & sugar to enhance the mild & slightly sweet smoke flavor. 5-6 lbs.

North Country Smokehouse Hams

Bone-In Spiral Sliced Applewood Smoked Half Hams $12.99/lb

Smoked low & slow to enhance the natural sweetness of the meat. The pork is marinated in authentic, New England maple syrup and has a natural wood-smoked scent that only comes from handcrafting premium meats in small batches. 6.5-8 lbs.

all hams must be special ordered through the El Cerrito Store to ensure availability